



1  
00:00:04,670 --> 00:00:02,930  
every memory is like a message is like

2  
00:00:06,110 --> 00:00:04,680  
basically a transplanted message from

3  
00:00:07,670 --> 00:00:06,120  
your past self to your future self

4  
00:00:09,169 --> 00:00:07,680  
meaning that you still have to decode

5  
00:00:10,970 --> 00:00:09,179  
your memories whatever your memories are

6  
00:00:12,230 --> 00:00:10,980  
in an important sense you have to you

7  
00:00:14,209 --> 00:00:12,240  
know those engrams you have to decode

8  
00:00:16,790 --> 00:00:14,219  
them somehow so

9  
00:00:18,470 --> 00:00:16,800  
um that that whole issue of of encoding

10  
00:00:20,210 --> 00:00:18,480  
and decoding whatever the substrate of